

## Health and Wellbeing Outcomes Report

### Report of the Chief Officer for Communities, Public Health, Environment and Prosperity

**Recommendation:** It is recommended that the Devon Health and Wellbeing Board note the updated Health and Wellbeing Outcomes Report.

#### 1. Context

This paper introduces the updated outcomes report for the Devon Health and Wellbeing Board, which monitors the priorities identified in the Joint Health and Wellbeing Strategy for Devon 2016-2019.

#### 2. Summary of the Health and Wellbeing Outcomes Report, June 2018

2.1 An 'updates only' version of the Health and Wellbeing Outcomes Report for June 2018 is included separately. The report is themed around the five Joint Health and Wellbeing Strategy 2016-19 priorities, and includes breakdowns by local authority, district, clinical commissioning group, inequalities characteristics and trends over time. 10 indicators have been updated with new data since the March 2018 report covering the following areas:

- **GCSE Attainment, 2016-17** – 65.0% of year 11 pupils in Devon achieved five or more GCSEs at grades equivalent to A\* to C, including English and Maths. The Devon rate is above but not significantly different to the South West, local authority comparator group and England rates. Within Devon, rates are highest in the South Hams and West Devon. The lowest rates were in Teignbridge and East Devon.
- **Teenage Conception Rate, 2016** – Conceptions to under 18s continue to fall in Devon and are broadly similar to South West and comparator group rates. There were no statistically significant differences between Devon's districts.
- **Alcohol-specific admissions in under 18s, 2016-17** – Approximately 65 admissions occur each year in Devon related to alcohol-specific causes in under 18s. The rate per 100,000 in Devon is 45.5. This is broadly in line with the South West (44.4). However, the rate is significantly above the local authority comparator group (36.9 per 100,000) and England (34.2) rates. Rates fell slightly on 2015-16 levels.
- **Excess Weight in Adults, 2016-17** – 57.4% of the adult population in Devon had a BMI in excess of 25 (Overweight or obese) in 2016-17. This was significantly below the South West (60.3%), the local authority comparator group (61.4%) and England (61.3%) rates. Within Devon the lowest rates of excess weight were seen in Exeter (54.0%).
- **Proportion of Physically Active Adults, 2016-17** – 73.9% of adults in Devon were physically active for at least 150 minutes per week. This is above the South West (70.4%) and comparator group (67.6%) and significantly above the national (66.0%) rates. There were no statistically significant differences between Devon's districts.
- **Alcohol-Related Admissions (narrow definition), Q1 2017-18** – There were around 4,900 alcohol-related admissions to hospital for Devon residents between July 2016 and June 2017. The age-standardised admissions rate (606.0 per 100,000) is below the South West, local authority comparator group and England rates.
- **Diet – Fruit and Veg '5-a-day', 2016-17** – In Devon in 2016-17, 66.4% of the adult population consumed five or more portions of fruit and vegetables per day. This was significantly above the South West (63.1%), local authority comparator group (60.6%) and England (57.4%) rates. Within Devon the highest rates were seen in East Devon (70.9%) and the South Hams (70.4%) and the lowest in Mid Devon (61.4%).
- **Domestic Violence, 2016-17** – Devon has a rate of 14.8 per 1,000, below the South West (18.5), comparator group (19.4) and England (22.5) rates. The Devon rate increased on 2015-16 levels. Locally, rates are highest in Exeter (20.1).
- **Emotional Wellbeing of Looked After Children, 2016-17** – The average difficulty score in Devon is 16.8, which is higher than the South West (15.4), local authority comparator group (15.0), and England (14.1) averages.
- **Hospital Admissions for Self-Harm, Aged 10 to 24, 2016-17** – There were 786 hospital admissions for self-harm in persons aged 10 to 24 in Devon in 2016-17. The rate per 100,000 in Devon was 609.6, which is above the South West (581.8), local authority comparator group (461.2) and England (404.6) rates. Admission rates increased from 376.6 in 2007-08 to 609.6 in 2016-17. Within Devon, rates were highest in Torridge and lowest in the Mid Devon.

2.2 Further details for these indicators are included in the separate report. The following tables in this paper provide a quick summary of overall findings:

- Table 1 provides a summary of the indicators, the latest available rate, an indication of trend and a quick comparison between Devon, the South West and England.
- Table 2 gives a short textual summary covering the five priority areas.
- Table 3 compares the indicators with Devon's local authority comparator group, a group of similar local authorities, and is ordered according to Devon's ranking. The darker purple shading shows the position of Devon in the local authority comparator (1 is best and 16 is worst) and the lighter purple shading shows Devon's ranking when the report was introduced in December 2016.

**Table 1: Indicator List and Performance Summary, June 2018**

Priority	RAG	Indicator	Rate	Trend	Dev/SW/Eng
1. Children, Young People and Families	A	Children in Poverty	11.9%		
	G	Early Years Foundation Score	71.0%		
	A	Excess Weight in Four / Five Year Olds	22.7%		
	A	Excess Weight in 10 / 11 Year Olds	29.1%		
	A	GCSE Attainment *	65.0%		
	G	Teenage Conception Rate *	16.4		
	A	Alcohol-Specific Admissions in under 18s *	45.5		
2. Living Well	G	Adult Smoking Prevalence	12.6%		
	G	Excess Weight Adults *	57.4%		
	G	Proportion of Physically Active Adults *	73.9%		
	A	Alcohol-Related Admissions *	601.2		
	G	Fruit and Vegetable Consumption (Five-a-day) *	66.4%		
	G	Mortality Rate from Preventable Causes	159.7		
	G	Male Life Expectancy Gap	5.8		
3. Good Health and Wellbeing in Older Age	G	Female Life Expectancy Gap	4.0		
	G	Feel Supported to Manage Own Condition	67.5%		
	G	Re-ablement Services (Effectiveness)	86.8%		
	A	Re-ablement Services (Coverage)	1.8%		
	G	Healthy Life Expectancy Male	66.7		
	G	Healthy Life Expectancy Female	65.9		
	G	Injuries Due to Falls	1731.2		
4. Strong and Supportive Communities	G	Deaths in usual place of residence	54.9%		
	A	Domestic Violence incidents per 1,000 population *	14.8		
	A	Stable/Appropriate Accommodation (Learn. Dis.)	78.4%		
	G	Re-offending rate	22.7%		
	A	Rough sleeping rate per 1,000 households	0.23		
	A	Dwellings with category one hazards	15.4%		
	A	Private sector dwellings made free of hazards	1.0%		
5. Life Long Mental Health	R	Fuel Poverty	12.2%		
	A	Emotional Wellbeing Looked After Children *	16.8		
	R	Hospital Admissions for Self-Harm, aged 10 to 24 *	609.6		
	A	Gap in employment rate (mental health clients)	73.2%		
	G	Stable/Appropriate Accommodation (Mental Hlth)	60.0%		
	G	Self-Reported Wellbeing (low happiness score %)	7.2%		
	A	Suicide Rate	10.8		
A	Social Contentedness	44.0%			
R	Estimated Dementia Diagnosis Rate (65+)	60.6%	-		

### RAG Ratings

<b>Red</b>	<b>R</b>	Major cause for concern in Devon, benchmarking poor and/or trend sharply worsening
<b>Amber</b>	<b>A</b>	Possible cause for concern in Devon, benchmarking average and/or trend not improving
<b>Green</b>	<b>G</b>	No major cause for concern in Devon, benchmarking good and/or trend improving

**Table 2: Priority Area Summaries, June 2018**

Priority	Summary
1. Children, Young People & Families	Teenage conception rates are falling and levels of development at school entry are improving. Variations in excess weight, poverty, GCSE attainment and alcohol harm persist.
2. Living Well	Smoking rates and deaths from preventable causes are falling, and levels of excess weight, physical activity and fruit and vegetable consumption compare favourably with similar areas.
3. Good Health and Wellbeing in Older Age	Deaths at home, healthy life expectancy, falls and GP support compare well in Devon. However, whilst the service is effective, the coverage of re-ablement services is lower.
4. Strong and Supportive Communities	Housing-related measures, including fuel poverty, dwelling hazards and rough sleeping levels are a cause of concern in Devon.
5. Life Long Mental Health	Whilst general wellbeing is better, poorer outcomes are evident for those with mental health problems, including suicide rates, self-harm, and the mental wellbeing of local service users.

**Table 3: Devon compared with the Local Authority Comparator Group for all Health and Wellbeing outcome measures, June 2018**

Measure	Rate			Significance		LACG Rank / Position	
	Devon	LACG	England	LACG	England	Rank	Position
Life Expectancy Gap in Years (Female)	4.0	5.4	6.4	Better	Better	1 / 16	
Domestic Violence incidents per 1,000 pop'n	14.8	19.4	22.5	Better	Better	1 / 16	
Deaths in usual place of residence (%)	54.9%	48.9%	45.8%	Better	Better	1 / 16	
Fruit and Veg 5-a-day (%)	66.4%	60.6%	57.4%	Better	Better	1 / 16	
Physical Activity (%)	73.9%	67.6%	66.0%	Better	Better	1 / 16	
Excess Weight in Adults (%)	57.4%	61.4%	61.3%	Better	Better	1 / 16	
Healthy Life Expectancy (Male)	66.7	65.0	63.3	Better	Better	2 / 16	
Feel Supported to Manage own Condition (%)	67.5%	64.3%	63.3%	Better	Better	2 / 16	
Life Expectancy Gap in Years (Male)	5.8	7.1	8.3	Better	Better	3 / 16	
Excess Weight in Year Six (%)	29.1%	31.3%	34.2%	Better	Better	3 / 16	
Adult Smoking Rate (%)	12.6%	15.3%	15.5%	Better	Better	4 / 16	
Low Happiness Score (%)	7.2%	8.1%	8.6%	Similar	Similar	4 / 16	
Admission Rate for Accidental Falls	1731.2	1881.2	2113.8	Better	Better	4 / 16	
Private sector dwellings made free of hazards	1.0%	0.9%	1.2%	Better	Worse	5 / 16	
Reablement Services Effectiveness (%)	86.8%	82.7%	82.5%	Better	Better	5 / 16	
Child Poverty (%)	11.9%	15.2%	16.8%	Better	Better	5 / 16	
Re-offending rate (%)	22.7%	23.7%	25.4%	Similar	Better	6 / 16	
Stable Accommodation - LD (%)	78.4%	75.9%	76.2%	Better	Better	6 / 16	
Preventable Deaths, under 75	159.7	164.7	182.8	Better	Better	7 / 16	
Early Years Good Development (%)	71.0%	71.1%	70.7%	Similar	Similar	7 / 16	
Healthy Life Expectancy (Female)	65.9	65.5	63.9	Similar	Better	7 / 16	
Teenage Conception Rate per 1,000	16.4	16.6	18.8	Similar	Better	9 / 16	
Stable Accommodation - MH (%)	60.0%	54.1%	54.0%	Better	Better	9 / 16	
Suicide Rate	10.7	10.8	9.9	Similar	Similar	9 / 16	
Excess Weight in Reception Year (%)	22.7%	22.9%	22.6%	Similar	Similar	9 / 16	
GCSE Attainment (%)	65.0%	65.2%	59.1%	Similar	Better	9 / 16	
Alcohol Admission Rate (Narrow Definition)	606.0	678.4	647.9	Better	Better	10 / 16	
Reablement Services Coverage (%)	1.8%	2.1%	2.7%	Worse	Worse	10 / 16	
Mental Health Looked After Children	16.8	15.0	14.1	Worse	Worse	11 / 15	
Social Connectedness	44.0%	47.2%	45.3%	Worse	Worse	13 / 16	
Rough Sleeping rate per 1,000 dwellings	0.23	0.16	0.20	Worse	Similar	13 / 16	
Alcohol-specific Admissions in under 18s	45.5	36.9	34.2	Worse	Worse	13 / 16	
Fuel Poverty (%)	12.2%	10.4%	11.0%	Worse	Worse	13 / 16	
Dementia Diagnosis Rate (%)	60.6%	63.7%	67.9%	Worse	Worse	14 / 16	
Dwellings with category one hazards	15.4%	11.5%	10.4%	Worse	Worse	14 / 16	
Hospital Admission Rate for Self-Harm	609.6	461.2	404.6	Worse	Worse	15 / 16	
Gap in employment rate (mental health clients)	73.2%	68.4%	67.2%	Worse	Worse	15 / 16	

### 3. Legal Considerations

There are no specific legal considerations identified at this stage.

### 4. Risk Management Considerations

Not applicable.

### 5. Options/Alternatives

Not applicable.

### 6. Public Health Impact

The Devon Health and Wellbeing Outcomes Report is an important element of the work of the board, drawing together priorities from the Joint Health and Wellbeing Strategy, and evidence from the Joint Strategic Needs Assessment. This report and the related documents have a strong emphasis on public health and other relevant health, social care and wellbeing outcomes. A number of the outcomes

indicators are also drawn from the Public Health Outcomes Framework. The report also includes a specific focus on health inequalities.

**Dr Virginia Pearson**  
**CHIEF OFFICER FOR COMMUNITIES, PUBLIC HEALTH, ENVIRONMENT AND PROSPERITY**  
**DEVON COUNTY COUNCIL**

**Electoral Divisions: All**

Cabinet Member for Adult Social Care and Health Services: Councillor A Leadbetter and Cabinet Member for Community, Public Health, Transportation and Environmental Services: Councillor R Croad

Contact for enquiries: Simon Chant, Room No 155, County Hall, Topsham Road, Exeter. EX2 4QD  
Tel No: (01392) 386371

Background Papers

Nil